

VIII. PRAYER REFLECTIONS

I adore You, Jesus,
the Incarnate Word,
come in the flesh
to save mankind,
coming first
through the Virgin's womb,
a miracle of love
no one expected,
coming now
as the Living Bread,
a miracle of love
so often rejected.

I acknowledge You, Jesus,
come in the flesh
in this Holy Eucharist
to continue Your incarnation on earth.
I look upon You, Jesus,
of whom the whole world sings:
"O Come, Let Us Adore Him."
In the Sacred Host
I look upon the humility
by which You came in the flesh,
born as a babe at Bethlehem.
I look upon the very love
with which You gave Your flesh at Calvary
to be one with us in the Blessed Sacrament.
I look upon the power
through which You rose again Easter Sunday
to raise me up with You in glory,
for I belong to You and You belong to me,
recalling the words of the Apostle, John:
"Indeed, this is the will of my Father,
that everyone who looks upon the Son
and believes in Him shall have eternal life.
Him, I will raise up on the last day."