

Perpetual Adoration Newsletter

Mercy Minutes-

Gems of St. Faustina to Transform Your Prayer Life (by Rev. George W. Kosicki, CSB)

She signed her name at the beginning of each of her six notebooks with her full name "Sister Faustina of the Most Blessed Sacrament" (see Diary 2, 523, 1003, 1233, 1590). Each year on New Year's Day, it was the custom for the Sisters to draw a card with their patron for the year written on it. For 1935, Sr. Faustina's card read: "Patron of the Year 1935 - The Most Blessed Eucharist" (Diary, 360).

She wrote extensively of her great devotion to the Holy Eucharist. A special gem stands out for me that shows how much she yearned to receive Jesus in Holy Communion: "The most solemn moment of my life is the moment when I receive Holy Communion. I long for each Holy Communion, and for every Holy Communion I give thanks to the Most Holy Trinity" (Diary, 1804). Ask the Lord to increase your love for Him at Holy Communion and whenever you adore Him in the Most Blessed Sacrament. He yearns to strengthen you and show you the immensity of His love in the Holy Eucharist.

O Prisoner of Love

When I feel that the suffering is more than I can bear, I take refuge in the Lord in the Blessed Sacrament, and I speak to Him with profound silence (Diary, 80)

Oh, who will comprehend your Love and Your unfathomable mercy toward us! O Prisoner of Love, I lock up my poor heart in this tabernacle, that it may adore You without cease night and day (Diary, 80).

The Eucharist Gives Courage and Strength

The courage and strength that are in me are not of me, but of Him who lives in me - it is the Eucharist (Diary 91).

I will spend all my free moments at the feet of Our Lord in the Blessed Sacrament. At the feet of Jesus I will seek light, comfort and strength (Diary, 224).

A Short Story of More Gems!

Once the devout Father Alvarez knelt before the Blessed Sacrament, absorbed in prayer and meditation. Suddenly he perceived in vision the Child Jesus in the Sacred Host. The Infant Savior extended His arms toward Alvarez, and in His hands there sparkled as many precious pearls and gems as He could hold. At the same time the servant of God heard these words from the lips of Jesus: "If only someone were here to take them from Me."

God is in the Tabernacle in every Catholic Church as in no other place on earth. He is there as God and Man in the most Blessed Sacrament. There He is enthroned upon His throne of graces, of mercy and compassion. There He invites us with inexpressible love and condescension. Under the lowly appearance of bread He conceals His greatness and majesty, so that we may approach Him fearlessly and with full confidence. (Prayer, the Great Means of Grace)

Communion of Saints Corner:

Bl. Mother Teresa of Calcutta (d.9/5)-Mother Teresa attributed the success of her, and those of her Sisters', many charitable works ministering to the destitute, sick and dying to their daily Holy Hour of prayer with Jesus in the Blessed Sacrament.

St. John Chrysostom (f. 9/13) - Called "the Golden Mouth", St. John wrote of the Eucharist: "What excuse shall we have, or how shall we obtain pardon, if we consider it too much to go to Jesus, who descended from Heaven for our sake? Those foreign pagan kings hastened from Persia to see Him who lay in the manger: and thou, O Christian, canst thou not spare a few moments to enjoy this heavenly spectacle?"

Pius XII: "Those who, especially in the silent hours of the night, gather together in adoration with the Angels and render to the Lamb, who was immolated, the thanksgiving due to Him, draw abundantly for themselves & for all the church waters from the fountain of the Savior."