

Perpetual Adoration Newsletter

The **Heart** of the Catholic Church

The Church is experiencing a resurgence of the practice of Eucharistic Adoration. The Eucharist is Jesus' greatest expression of His **Love** for us because it is the gift of Himself. In the Eucharist Jesus expresses this **love** for us by re-presenting His Sacrifice on the Cross, through which He won our Salvation; by uniting His life with ours in Holy Communion; and by giving us the continual gift of His presence in the Blessed Sacrament

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Pope John Paul II asked all Christians to look to the Heart of Christ to meet the challenges of the new evangelization. Nourished by His Body and Blood, we share fully in His **love**. Eucharist strengthens the power of our Baptism. The Holy Spirit stimulates our union of **love** of God and neighbor. The unique meaning of our lives unfolds in our service to God, Church and community.

"The Blessed Sacrament is the 'Living **Heart**' of each of our churches, and it is our very sweet duty to honor and adore, in the Blessed Host which our eyes see, the Incarnate Word, whom they cannot see." "Jesus waits for us in the Sacrament of **Love**." (Pope Paul VI, *Credo of the People of God*)

Jesus said to them, "I am the Bread of Life. Whoever comes to me will never hunger, and whoever believes in Me will never thirst." (John 6:35)

The following are heart-felt acknowledgements of the love and mercy shown to persons visiting Jesus in Adoration of the Blessed Sacrament:

- "Thank you for being here for me in a dark, desperate hour. I will get through this with You."
- "Thank you, Jesus, for all the times I come in here dragging and go out flying! I don't

know how You do it, but it sure is great! I love YOU!"

- "Thank you, Lord, for bringing me here. And especially today, for healing me with the gift of tears."

Eucharistic Miracles

Throughout Christian history, our Lord has shown us that He is truly present in the Blessed Sacrament, by means of Eucharistic miracles:

+ Sienna, Italy (8/17/ 1730) – Consecrated Hosts remain perfectly preserved for over 250 years. Scientific experiments unable to explain this phenomenon;

+ Blanot, France (3/31/1331) – The Eucharist falls out of a woman's mouth onto an altar rail cloth. The priest tries to recover the Host, but all that remains is a large spot of blood, the same size and dimensions as the wafer.

The Communion of Saints Corner.

St. Louis de Montfort: "A Most Beautiful Way to Receive Jesus Into Your **Heart**: 'Dear Heavenly Mother, may I borrow your Immaculate **Heart** to place my beautiful, sweet, adorable Jesus within me? Mother, may I borrow your spirit to rejoice in the Lord, my God and my Savior? Mother, may I borrow your soul to magnify the Lord? Mother, may you place your precious seal upon your Immaculate **Heart** within mine, so that I may hold Jesus, so lovingly, tenderly and precious within me, for the glory of the Father'"

St. Peter Julian Eymard: had 12 rules or guides for leading a Eucharistic life. The first is, "In the morning, when you wake, go *in spirit* to the foot of the Monstrance where, during the night, Jesus remained out of **love** for each one of us. Make an offering of your day to this gentle Savior; ask Him to bless you, to preserve you from all sin, and to give you His **Love**."